



# Pacific Noble Primary Care

Compassionate | Comprehensive | Accessible

## Myriad MyRisk Genetic Testing

At Pacific Noble Primary Care, we offer the MyRisk Hereditary Cancer Screening by Myriad Genetics to help identify inherited cancer risk based on personal and family history, supporting early prevention and personalized care planning.

### Who Should Consider This Screening?

Patients may benefit from the MyRisk Hereditary Cancer Screening if they have

#### Personal History of:

- Breast, ovarian, colon, uterine, metastatic prostate, or pancreatic cancer at any age

#### Family History of:

- Breast cancer at age 50 or younger
- Two breast cancers in one relative at any age
- Three or more breast cancers in relatives on the same side of the family at any age
- Ovarian or male breast cancer at any age
- Ashkenazi Jewish ancestry with breast cancer at any age
- Pancreatic or metastatic prostate cancer at any age (1st-degree relative; parent, sibling and children)
- Colon, rectal, or uterine cancer at age 49 or younger (1st-degree relative; parent, sibling and children)
- A gene mutation associated with cancer found in a family member

Your PNPC provider can help determine if this genetic screening is right for you.

### How Does the Test Process Work?

**Step 1.** Scan the **QR code** to complete and submit a brief personal and family history questionnaire

**Step 2.** Call our office to schedule your Myriad cancer screening consultation

**Step 3.** If you and your PNPC provider determine to move forward with genetic testing

- We'll collect a saliva or blood sample
- Submit your sample to the Myriad MyRisk lab for analysis and results
- Schedule a follow up with your PNPC provider to go over results

**Have questions or already completed your questionnaire?** Contact us to schedule your MyRisk Hereditary Cancer Screening consultation with your PNPC provider.



**MyRisk**<sup>™</sup>  
Hereditary Cancer Test